

# BREAKFAST BOXES



Includes bottled beverage, fruit and individually wrapped cutlery.

## Avocado Toast

grain bread toasted and topped with freshly smashed avocado, shaved watermelon radishes, and microgreens

## AM Parfait

yogurt parfaits with choice of plain, vanilla, or Greek yogurt, granola, berry coulis, and choice of whole berries or dried fruit

## Bagel Box

choice of bagel with cream cheese, assorted jams, peanut butter, and seasonal fresh fruit salad

## Cereal Box

choice of cold cereal cup with milk, seasonal fresh fruit salad, muffin, and orange juice

## Protein

cage-free hard-boiled egg, Cowgirl Creamery Cheese, artisan crackers, and seasonal fresh fruit salad

## Continental Breakfast

choice of scone, muffin, or croissant with fresh jam, and mini yogurt parfait

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# BOX LUNCHES FOR ATHLETES

# @ WESTMONT COLLEGE

## BY BON APPÉTIT



HEALTHY FUEL FOR HUNGRY ATHLETES ON THE GO  
SEASONALLY INSPIRED  
ALWAYS MADE-FROM SCRATCH  
ABUNDANT PLANT-FORWARD SELECTIONS  
FARM-TO-FORK PRODUCE

# SALAD BOXES



Includes kettle chips, fruit salad, or pasta salad, bottled water or soda and cookie, with individually wrapped cutlery.

## Thai (vegan)

baby spinach with lemongrass, ginger, cucumber, avocado, carrots, scallions, toasted cashews, crispy rice noodles, and citrus-ginger vinaigrette

## Beet Salad (vegetarian)

roasted beets, raw beets, beet chips, wild arugula, glazed walnuts, Drake Farms goat cheese, and champagne vinaigrette

## Soba Noodle

Napa cabbage, edamame beans, carrots, scallions, and chilled soba noodles, and sweet sesame-tahini dressing

## The Mediterranean (vegetarian)

orzo, valbreso feta, baby spinach and local mixed greens, Kalamata olives, marinated artichoke hearts, shaved red onions, cucumbers, sun-dried tomatoes, and oregano vinaigrette

## Westmont Caesar

romaine hearts, radicchio, burrata cheese, fresh shaved parmesan, garlic-herb croutons, and Caesar dressing

## CHOICE OF ADDED PROTEIN OR VEGETABLES

- + Marinated Grilled Tofu
- + Grilled Chicken
- + Grilled Skirt Steak
- + Roasted Seasonal Vegetables

# SANDWICH BOXES



Includes kettle chips, fruit salad, or pasta salad, bottled water or soda and cookie, with individually wrapped cutlery.

## Roasted Vegetable Sandwich (vegetarian)

grilled seasonal vegetables, pesto aioli, arugula, burrata cheese, ciabatta

## The Italian

prosciutto, salami, ham, provolone, roasted garlic aioli, pepperoncini, lettuce, tomato, oregano vinaigrette, Italian roll

## Chicken Caprese

oven-roasted shaved chicken breast, pesto aioli, arugula, tomato, burrata cheese, ciabatta roll

## Avocado BLT

crisp apple wood smoked bacon smashed avocado, lettuce, tomato, herb aioli, sourdough bread

## Cranberry-walnut Chicken Salad

free range chicken salad, tart dried cranberries, toasted walnuts, celery, green apples, basil, baby spinach, multigrain bread

## Caprese (vegetarian)

fresh mozzarella, tomatoes, avocado, pesto, baguette

## Bello Portobello (vegan)

balsamic-marinated portobello, sun-dried tomato spread, caramelized red onions, baby greens, hummus, wheat lavash