



ZERO PROOF

HAPPY HOUR

GRAPEFRUIT SPARKLER

Take time to rediscover this naturally invigorating fruit while hydrating with the zing of fresh citrus.

Ingredients

Makes 4 drinks

- 2 each whole grapefruits
- 4 sage fresh leaves
- 1 can/bottle grapefruit flavored sparkling water
- Crushed ice
- 3 tablespoon lemon zest salt, sea salt or black salt

Instructions

1. Pour salt in a shallow dish.
2. Cut grapefruit in half and run one piece along the edge of each glass.
3. Dip each glass in salt to coat rim.
4. Juice 2 grapefruits, removing any seeds.
5. Add juice to a small saucepan and bring to a simmer at med-high heat on the stove top.
6. Add 4-5 sage leaves and simmer contents for 5 minutes, or reduced by a third.
7. Remove the leaves and chill the juice in refrigerator until cold.
8. Divide juice between 4 glasses.
9. Add crushed ice to each glass until $\frac{3}{4}$ full.
10. Top with grapefruit sparkling water.

Karly's Kocktail Tip

To re-proof, add 3 ounces of gin for a more botanical profile or vodka for a neutral flavor.