### **FOR YOUR SAFETY**

The health and well-being of our guests is our top priority. As classes begin on campus at Woodbury, Bon Appétit Management Company is implementing rigorous sanitation and service measures to ensure students can dine with us safely and comfortably. These measures have been developed based on guidance from the Centers for Disease Control (CDC), health and sanitation experts from our company's Coronavirus Response Team, and local health regulations. To learn more, please visit our website at www.woodbury.cafebonappetit.com.

# **BENEFITS OF A MEAL PLAN**

**Life Should Be Easy** — A meal plan means: No shopping. No dishes. No kitchen fires (hopefully). Plus, you don't even have to carry cash.

From Scratch = Flexible — We LOVE food, so we cook it from scratch. Stocks, sauces, soups, you name it. This means we can be flexible with our recipes to accommodate all sorts of dietary needs without any fuss. It's our passion to create delicious food that suits every need and taste. Vegan, Flexitarian, or Gluten-Free? We'll have options for you every day.

**Sustainable. Seriously.** — Our commitments to environmentally and socially responsible sourcing are industry leading. We care deeply about where our food comes from. We know you do, too

**Real Variety, Real Value** — From global bowls to seasonal pizzas there's always something new to try. With tons of choices in an all-you-care-to-eat environment plus tax-free dining the value is unparalleled.

It's Social — Sharing food is a perfect excuse to catch up with friends, and accidental encounters in the café are the spice of campus life. Our inviting dining spaces encourage lingering, and we regularly have interesting programs and events to keep things lively.

**Perks** — Members of the meal plan get special benefits, like access to cool events such as a chef's table dinner or Eat Local Challenge that rival those at local restaurants. Don't miss out!

**Pssst...Parents** — What parent doesn't want the peace of mind that their child is eating right while away from home? (And what student wants to answer why they've ordered pizza delivery for 9 nights in a row?) Show your student some love and take care of them with a meal plan.

# WELLNESS

We plan café-specific menus and cook from scratch in each location. From simmering stocks to finishing sauces and roasting meats, our approach to food allows us to provide fresh foods from whole ingredients. Our approach allows guests to customize many cafe options to meet their personal dietary goals. We love to hear from you and can assist you in identifying your choices or even prepare foods to meet your needs.

We take food allergies seriously. Our menu items are prepared from scratch in our kitchens each day using the freshest, highest quality selections available seasonally and regionally. As a result, we do not operate from corporate recipes and ingredients and products change frequently in our kitchens. If you have food allergy concerns, our well-trained chefs and/or registered dietitians will be glad to assist you with menu options to meet your dietary needs. Our chefs are the best resource for real time information about products and ingredients used in a specific dish that day. In many cases, we can make modifications as necessary.

If you have a food allergy or other dietary restrictions, please connect with our General Manager and we will work with The Office of Accessibility and you to make sure you can enjoy plenty of delicious food, safely, with us.

### **GENERAL MEAL PLAN INFORMATION**

### Meal Plan Program

Students on the resident meal plan are entitled to utilize one meal during any single meal period (see below) and may use flex dollars anytime Woody's is open

Students may not use their meal card to purchase meals for others

# Meal period times are

Breakfast 7:30 - 11:29 AM (hot breakfast items are served until 9:30 AM) Lunch 11:30 AM - 3:59 PM Dinner 4:00 PM - 7:00 PM

Saturday & Sunday Brunch 10:30 AM – 3:59 PM Dinner 4:00 PM – 6:30PM

# **Meal Plan Options**

Meal Plan A 14 Meals Per Week \$150 Flex; cost \$2612 per semester Meal Plan B 12 Meals Per Week \$200 Flex cost \$2612 per semester Meal Plan C 10 Meals per Week \$150 Flex cost \$2431 per semester Meal Plan D 8 Meals per Week \$200 Flex \$2431 per semester Meal Plan (A-D) is required for resident students, please see housing for details and deadlines

Commuter Meal Plan

**Meal Plan (E)** 5 Meals per week \$75 Flex. Cost inquire with Housing Department

Commuter students can purchase a meal plan at any time to be uploaded to their student account. Visit the Student Affairs office in the Whitten Center or email housing@woodbury.edu

#### Flex Dollars

Additional flex dollars may be purchased at the Woody's cashier. Flex dollars may be used to purchase items such as protein bars, trail mix, or bottled beverages that are not included in meal plan. You may also purchase meals for family or friends using your flex dollars

### Family Visits:

We are a happy to provide a meal for residential students' parents who may be visiting. (1) Complimentary meal provided is the same as the residential student meal plan. Please e-mail the Café manager at Woody's prior the visit to make arrangements.

#### Additional Information:

If you forgot your ID card you will be required to show a form of photo identification for verification. Please bring your student ID to purchase meals. Do not make it a habit of memorizing your number and reciting it to the cashier.

If your university card is lost, stolen or doesn't scan you must notify the University Library and the manager at Woody's immediately. A new ID card may be purchased from the University Library

A student ID card may only be used by another student once written/e-mail consent (from card owner) has been received and verified by the Café manager at Woody's. Any meal card used by someone other than the proper owner will be confiscated and turned over to Student Affairs

Meal Plans are on a use it or lose it basis. Students missing meals because of work or authorized campus activities are eligible to order meals in advanced

Contact Housing@woodbury.edu to purchase a plan today!

# WHAT'S DO I GET WITH A MEAL SWIPE?

### **BREAKFAST INCLUDES**

Entrée item, (3) side items, fountain beverage or hot tea/coffee

Breakfast entrée selections:

Cage-free eggs, 3 pancakes, breakfast sandwich, breakfast burrito or breakfast special of the day

Breakfast side selections:

Choice of (3): Single pancake / breakfast potatoes / 2 pieces of bacon or 2 breakfast sausage or patties / whole fruit / bowl of hot or cold cereal / pastry

### **LUNCH / DINNER INCLUDES**

Entrée item, (2) bonus items, fountainbeverage orhot tea/coffee

Lunch/Dinner entrée selections:

- (1) entrée and (2) sides from **Classics** station
- (1) sandwich from the Grill or Deli station, fries, chips, or side salad
- (1) packaged sandwich or salad from the Grab and Goselections

Lunch/Dinner bonus side selections
Choiceof (2): 12 oz soup / side salad, pastry / whole fruit
/ single serve novelty ice cream / bag of individual chips
/ novelty candy

# WELCOME TO DINING

Food is a vital part of college life. A meal with friends doesn't just nourish the body, it builds lasting relationships and feeds the soul. At the same time, campus dining can also be a source of anxiety: Will there be options for me? What if I don't have time to sit down? Will the food even be good?

At Bon Appétit our passion is creating community through food. We make more than 200 million meals each year at college campuses, workplaces and cultural institutions that are not only delicious, they also embody core values – about from-scratch cooking, wellness, dignity, and sustainability – that we take very seriously.

But that doesn't mean eating at Woodbury has to be serious. We know plenty of students who would subsist on a diet of bar-shaped foods and late-night pizza if left to their own devices. We get it. But we can offer something more: Craveable made-from-scratch meals that fit into students' lifestyles.

Whether it's a late-night craving for a kimchi rice bowl or a vegan protein smoothie on the run, we're committed to breaking the bar-shaped meal and making delicious, wholesome food that works for real life. Let us show you how.

brought to you by

bon appetit 2021-2022

**Bon Appétit at Woodbury University** 

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