

# CATERING

@ Western University of Health Sciences

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**BON APPÉTIT**  
MANAGEMENT COMPANY  
— CATERING AND EVENTS —



# BREAKFAST



# BREAKFAST

## breakfast sandwiches + burritos | minimum of 10

### Breakfast Sandwich \$5.95 each

cage-free egg, smoked applewood bacon, cheddar cheese, English muffin

### A.M. Croissant Sandwich \$7.95 each

black forest ham, sharp cheddar, cage-free eggs, freshly baked croissant

### Breakfast Bacon Burrito \$7.95 each

cage free egg, applewood smoked bacon or sausage, cheddar cheese, potato, pico de gallo

### Sausage Burrito \$7.95 each

cage-free scrambled eggs, cheddar cheese blend, your choice of country sausage or chorizo, house-made salsa, flour tortilla

### Vegetarian Egg White Burrito \$7.95 each V

cage-free scrambled egg whites, pico de gallo, mushrooms, caramelized onions, sweet bell peppers, wheat tortilla

## breakfast buffets | minimum of 12

*Includes orange juice, fresh brewed coffee, assorted hot tea*

### Parfait Bar \$8.25 per guest V new

vanilla and plain Greek yogurt, granola, assorted seasonal berries, chopped walnuts, honey, toasted pumpkin seed

### Oatmeal Bar \$8.25 per guest VG IG new

toasted coconut, dried cranberry, granola, assorted seasonal berries, chopped walnuts, honey, toasted pumpkin seed, brown sugar

### Continental Breakfast \$8.95 per guest V

assorted freshly-baked muffins, Danishes, bagels with cream cheese, seasonal fruit bowl

## breakfast sides

Assorted Breakfast Pastries	\$3.45 per guest
Bagels and Cream Cheese	\$3.25 per guest
Seasonal Fruit Cup	\$4.25 per guest



A photograph of a lunch box. In the foreground, a sandwich is wrapped in brown paper and tied with a metal wire. The sandwich is filled with lettuce, tomatoes, and meat. To the right, a glass bowl contains a green salad with tomatoes and nuts. On the left, a blue and yellow bag of snacks is visible, with the text 'ckie's' and 'Salt & vinegar' partially visible. The lunch box is placed on a white surface with a black line drawing of a bird. The word 'LUNCH' is written in large, bold, black letters across the center of the image.

# LUNCH

# \$12.00 BOXED LUNCHES

## hand-crafted sandwiches

**\$12.00 per guest | minimum of 10 boxes**

*Includes whole fruit, chips, cookie or granola bar and bottled water.*

*\*Any sandwich can be made into a wrap upon request.*

### Tuscan Chicken Salad

baked chicken breast, shallots, red grapes, baby spinach, freshly-baked croissant

new

### Turkey and Provolone

thinly sliced smoked turkey, provolone cheese, tomatoes, local mixed greens, pesto aioli, multigrain

### Tuna Salad

tuna salad, sliced tomatoes, local mixed greens, multigrain

### Tarragon Chicken

baked chicken breast, mixed greens, red onion, celery, mayo, grapes, multigrain

### Ham and Cheddar

black forest ham, sharp cheddar, roasted garlic & sun-dried tomato aioli, crisp lettuce, sourdough

### Roasted Vegetable V

seasonal vegetables, pesto aioli, wild rocket arugula, Swiss cheese, multigrain

## signature salads

**\$12.00 per guest | minimum of 10 boxes**

*Includes whole fruit, chips, cookie or granola bar and bottled water.*

*\*Any salad can be made into a wrap upon request.*

### Roasted Beet V IG

roasted beets, raw beets, beet chips, wild arugula, feta cheese, balsamic vinaigrette

new

### Southwestern Chopped Chicken

crisp romaine hearts, barbecue chicken, grilled corn, black beans, tomatoes, cucumbers, cheddar cheese, house-made avocado-lime vinaigrette

new

### Chicken Caesar

romaine hearts, parmesan cheese, croutons, chicken breast, house-made Caesar dressing

### The Quinoa VG IG

organic red and white quinoa, organic baby spinach, cherry tomatoes, diced cucumbers, shredded carrots, house-made balsamic vinaigrette

### Western Cobb

romaine hearts, grilled chicken breast, pointe reyes blue cheese, hard-boiled eggs, cherry tomatoes, applewood smoked bacon, avocado, house-made ranch dressing

### Sesame-Ginger-Soy Chicken

local mixed greens, soy-marinated chicken breast, cherry tomatoes, shredded carrots, purple cabbage, fried wonton, mandarin oranges, house-made sesame-ginger vinaigrette

### Mediterranean V IG

couscous, Valbreso feta, baby spinach and mixed greens, Kalamata olives, marinated artichoke hearts, shaved red onions, cucumbers, tomato, house-made oregano vinaigrette



# LUNCH BUFFETS

## family-style hot buffets | serves 12

Includes infused water or freshly-squeezed lemonade

### Mac and Cheese \$85.00 V

macaroni pasta, cheddar cheese, garlic bread, house salad

new

### Ultimate Barbecue new

your choice of

- chicken breast \$190.00
- pulled pork \$190.00
- tri-tip \$210.00

with garden salad, macaroni and cheese, roasted seasonal vegetables, corn bread

### Taco Bar \$150.00

your choice of

cumin lime chicken, pork carnitas, or tofu V

with Spanish rice, black bean, diced onions & cilantro, salsa rojo, salsa verde, queso cotija, sour cream, shredded cabbage, locally crafted flour tortilla.

### Soy-ginger Teriyaki Chicken \$110.00

house-made soy-ginger teriyaki sauce, steamed jasmine rice, steamed vegetables

### Sesame-ginger Teriyaki Tofu \$95.00 VG

bell peppers, sweet onion, house-made sesame-ginger teriyaki sauce, steamed jasmine rice, house salad

### Beef Lasagna \$95.00

beef ragout, ricotta, mozzarella, parmesan cheese, house-made marinara, garlic bread, house salad

### Roasted Vegetable Lasagna \$85.00 V

seasonal roasted vegetables, house-made marinara, ricotta, mozzarella, parmesan cheese, garlic bread, house salad

## LUNCH SIDES

### chips and dips | serves 12

Tortilla Chips + House-made Salsa \$15.00 VG IG

Tortilla Chips + House-made Guacamole \$27.00 VG IG

Pita Bread + House-made Hummus \$23.00 VG

Toasted Crostini + Bruschetta \$20.00 V IG

### sweets and treats by the dozen

Assorted House-baked Cookies \$17.00 V

Lemon Bars \$27.00 V

Double Chocolate Brownies \$21.50 V



# BEVERAGES



Infused Water	\$1.25 per gallon
Orange, Apple, or Cranberry Juice	\$15.00 per gallon
Fresh-squeezed Lemonade	\$13.00 per gallon
12 oz. Canned Soda (Pepsi, Diet Pepsi, Starry, Dr. Pepper, Raspberry Tea)	\$2.00 each
12 oz. Bottled Aquafina Water	\$2.00 each



96 Oz. Starbucks Coffee (regular or decaf)	\$19.00 each
1.5 Gallon Starbucks Coffee (regular or decaf)	\$40.00 each
Assorted Tazo Hot Tea	\$1.65 per person
Teavana Iced Tea (passion fruit or black tea)	\$10.00 per gallon





# BON APPÉTIT

MANAGEMENT COMPANY

*food service for a sustainable future®*

[westernu.cafebonappetit.com/catering](http://westernu.cafebonappetit.com/catering) | 909-469-6876

## **POLICIES & GUIDELINES**

This guide is intended to help you as you begin planning .  
Our team will help you select a menu and service style to meet the needs for your event.

### **HOW TO ORDER**

Contact Bon Appétit at least 48 hours in advance to place your order at:  
[outtakes@westen.edu](mailto:outtakes@westen.edu) or 909.469.6876

All orders will be prepaid or authorized for billing before pickup; sales tax will be added as applicable.

It's simple to pay by using:

- Account number • Cash • Credit card

### **PICK-UPS**

All orders can be picked up at Outtakes on the first floor of the HEC building.

### **DROP OFFS**

We can drop to most locations on campus.

### **DIETARY RESTRICTIONS**

Please connect with our General Manager to discuss accommodating any dietary restrictions.

Please note icons throughout the menu:  vegetarian  vegan  made without gluten-containing ingredients.